

Melcome to the Cyclopark Children's Summer Holiday programme. We have activities happening every day of the school holidays catering for all ages and abilities!

Set in 100 acres of parkland with safe traffic free road circuits and 6km of mountain biking tracks it is a great place for families to enjoy a great day out. Bring your own or hire the latest state of art bikes at Quench Cycles: don't forget children ride

free\* with every paying adult rider this summer!

The huge 3000 square foot play park is available for smaller children to explore then enjoy some downtime and relax at Cafe 1809 afterwards, where they are offering home baked goods as well as a specially created summer children's menu.

The Holiday Club takes place between 9:00am and 4:00pm every Monday and Thursday, for children between 8-15 years, an excellent opportunity to can try many of the parks activities in a safe environment with qualified coaches. Visit www.cyclopark.com to book on line.

Happy Holidays!
The Cyclopark Team



## SUMMER 2017 ACTIVITIES

#### CYCLOKIDS HOLIDAY CAMP

An all day activity consisting of circuit riding, mountain biking and BMX. A fun filled day giving riders the opportunity to try all aspects of the park along with their friends. Bikes and helmets included. 8 -15yrs

#### **UNDER 8 SKATE**

Public Session for those wishing to use the skatepark. 8 years or under. Must be accompanied by an adult. Helmets must be worn at all times.

#### **BMX BUZZ**

BMX Buzz is a fun session for ages 8 - 15 Years An Introduction to the BMX race track, session includes the induction and all equipment. Please ensure the rider has their legs and arms covered.

#### **MOUNTAIN MADNESS.**

Intro to Mountain Biking, includes riding the park's trails and learning skills such as cornering, riding downhill, gears and balance. Bikes and helmets included 8-15yrs.

#### **STRIDER**

Suitable for 2-5yrs A great fun way for young people to learn the first stages of how to balance and control a bike without using stabilizers. Bikes & helmets supplied.

#### **BMX MASTERCLASS.**

The well respected Julian Allen will be coaching this high end BMX session for Intermediate and expert riders only. Over 8yrs only

#### **HOLIDAY CYCLOWHIZZ STAGE 1.**

Aimed at those people wanting to progress from Learn to Ride. Suitable for 5-8 year olds. A fun filled one hour designed to progress a riders individual cycling abilities.

#### **FOOTBALL STARS**

Inclusive fun based football skills practice session. Trainers only. Shin pads must be worn. Prizes through the day. FA Qualified coach.

#### **CYCLODANCE**

Streetdance session for young people new to the activity. Learn the basic moves while having fun and keeping fit. If you like to perform then this is the class for you. Suitable for ages 7 - 12 years.

#### **LEARN TO RIDE STAGE 1**

For those riders that are taking the first steps in learning to ride. This is a group based activity and encourages parental involvement. 5yrs and over.

#### **LEARN TO RIDE STAGE 2**

For riders needing extra practice when learning to ride. This is a group based activity and encourages parental involvement. Syrs and over.

#### **HOVERMANIA**

Take control of one of the world's most iconic and talked about vehicles and try it for yourself. This is an excellent opportunity to gather your mates, spend your pocket money and have a great time.

#### BRITISH CYCLING GO RACE BMX SESSION

Go-Ride Racing at Cyclopark BMX track. Open to all novice/beginner riders aged 16 years & under. All riders must be accompanied by an Adult. Bikes/helmets and gloves may be borrowed subject to availability. Please ensure arms and legs are fully covered.

#### BRITSH CYCLING GO-RIDE ROAD RACING

HSBC UK Go-Ride Holiday Coaching Camps offer training and education dedicated to specific levels of rider over a range of disciplines. The sessions are for advanced riders only from Youth A,B and C Category riders.











#### Monday & Thursday 9:00am-4:00pm Summer Holidays 8-15 years

Fun packed day of BMX, MTB and Circuit Riding.

Thursday's will also include a session with Hovermania.

All Bikes and Helmets are included but your welcome to bring your own.

All sessions are run with a Fully Qualified DBS checked British Cycling Coach



Just £25:00 per day - 2nd child £20:00 Book Now - www.cyclopark.com



# 2017 SUMMER HOLIDAY

ACTIVITY	MONDAY	TUESDAY
HOLIDAY CLUB	July 24th, 31st. August 7th,14th, 21st £25.00pp or £20.00 2 or more people. 9.00am - 4.00pm	
UNDER 8 SKATE	July 24th ,31st. August 7th, 14th, 21st, 28th £2.50. 10.00am - 12.00pm	
BMX BUZZ		July 25th. August 1st, 15th, 22nd, 29th £10.00. 10.00am - 12.00pm
MOUNTAIN MADNESS		July 25th. August 1st, 8th, 15th, 22nd, 29th £10.00. 1.00pm - 3.00pm
STRIDER		
BMX SUMMER HOLIDAY MASTER CLASS		July 25th. August 1st, 8th, 15th, 22nd, 29th £4.00. 2.00pm - 1.45pm
CYCLOWIZZ STAGE 1		
FOOTBALL STARS		
GYCLODANCE		
LEARN TO RIDE L1		
LEARN TO RIDE L2		
HOVERMANIA		July 25th, Aug 1st,8th,15th,22nd,29th See website for price. 10.30am - 4.00pm
BRITISH CYCLING GO RACE BMX		
BRITISH CYCLING ADVANCED RIDER GO RIDE CIRCUIT		



## ACTIVITY TIMETABLE

WEDNESDAY	THURSDAY	FRIDAY
	July 27th, August 3rd, 10th,17th,24th,31st £25.00pp or £20.00 2 or more people. 9.00am - 4.00pm	
July 26th. August 2nd, 9th, 16th, 23rd, 30th £2.50. 10.00am - 12.00pm		July 28th. Aug 4th, 11th,18th, 25th. Sept 1st £2.50. 10.00am - 12.00pm
		July 28th, Aug 4th, 11th, 18th, 25th, Sept 1st 24.00, 1.00pm - 1.45pm
July 26th. August 2nd, 16th, 23rd, 30th £20.00. 11.00am - 2.00pm		
July 26th, August 2nd, 9th, 16th, 23rd, 30th £5.00. 1.30am - 2.30pm		
		28th July, Aug 4th, 11th, 18th, 25th, Sept 1st £10.00. 10.00am - 1.00pm
July 26th, August 2nd, 9th, 16th, 23rd, 30th £10.00. 2.00pm - 3.00pm		
July 26th, August 2nd, 9th, 16th, 23rd, 30th £5.00. 10.00am-10.45am & 1.00pm-1.45pm		July 28th, Aug 4th, 11th, 18th, 25th, Sept 1st £5.00. 2.00pm -2.45pm / 3.00pm - 3.45pm
July 26th, August 2nd, 9th, 16th, 23rd, 30th 25.00. 11.00am - 11.45am & 2.00pm - 2.45pm		
	July 27th, August 3rd,10th,17th,24th,31st See website for price. 10.30am - 4.00pm	
		August 4th, 18th, £10.00. 10.00am - 12.00pm
		July 28th, Aug 4th, 18th, 25th, Sept 1st £10.00. 2.00pm - 4.00pm



cyclopathway



# YOUR CYCLING JOURNEY STARTS HERE!







**LAUNCHING AUTUMN 2017** 

FOR MORE DETAILS GO TO:



cyclopark.com



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@CycloparkKent



@cyclopark.kent





15% OFF YOUR FIRST VISIT WITH THIS AD

Find us at the CD cyclopark® The Tollgate, Watting Street, Gravesend, Kent DA11 7NP

BREAKFAST, BRUNCH, LUNCH, DRINKS AND DELICIOUS HOMEMADE CAKES

MON - FRI 9.00-19.00 SAT AND SUN 9.00-17.00

WE CAN HOST NETWORK MEETINGS. PARTIES AND EVENTS AS WELL AS CATER EXTERNALLY FOR YOUR FUNCTIONS AND PROVIDE A DELIVERY SERVICE

Email hello@cyclo.cafe1809.co.uk

Owned By Double Olympic Champion Dame Kelly Holmes

### Intensive 11+ Holiday Courses

Kent (GL), Bexley (CEM), Medway, Independent Schools

#### 11+ Mock Tests

Throughout July and August Help iron out pre-test nerves Practice multiple choice Experience time pressure Online report Mock tests also available for

Medway & CEM (Bexley) Tests



0800 917 4194 www.extratuition.com



5 weeks of courses available

25-27 July 1-3 August 8-10 August

14-16 August

21-23 August

12 hours 9am to 1pm

Other Venues Available

Established 19//

11+2018?

11+ Courses start in September 2017 Enrol for weekly lessons at Cyclopark

Intensive Holiday Course 24/25/26 October 2017 Now Booking





/ AT CYCLOPARK - WE DO ALL THINGS BIKE!



/ SERVICING



/ PARTIES





/ SHOP



/ GUIDED **CYCLES** 



